



## Aldinga Beach B-7 School

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Government of South Australia

Department for Education and  
Child Development

# SUN SMART POLICY

Aldinga Beach R-7 School assists in helping reduce the incidence of skin cancer and the number of related deaths by encouraging all members of the school community to take effective skin protection measures.

## PURPOSE

The purpose of a Sun safe policy is to:

- Develop positive attitudes within the school community towards skin protection.
- Ensure the care and well being of students whilst at school.
- Develop a sense of personal responsibility by the students towards skin protection.
- Develop and/or maintain appropriate lifestyle practices, which will help reduce the incidence of skin damage.

## STRATEGIES

- The School Dress Code includes the wearing of the school uniform polo shirt or school dress, wide brimmed, bucket or legionnaire hats between the 1<sup>st</sup> September until the 30<sup>th</sup> April at big lunch, little lunch and all outdoor activities. Between the 1<sup>st</sup> of May and 31<sup>st</sup> of August the wearing of hats is encouraged but is not mandatory. Hats will need to be worn for all extended outdoor activities eg sports day, outdoor excursions. Colours can be either maroon or green.
- Where practicable, when UV rays are high, outdoor activities will be scheduled prior to big Lunch, in the shade or in the hall.
- The wearing of minimum SPF 30+ broad spectrum sunscreen is encouraged and promoted. Students can bring sunscreen from home. Sunscreen may be available to students at school for some outside activities provided there is no risk of different skin reactions to sunscreen as indicated on student medical forms. Students will apply their own sunscreen.
- The **Hot Weather policy** will apply when the estimated maximum temperature is 36c or greater.
- Teachers will incorporate learning programs on skin protection via the health curriculum.
- Staff will act as role models by practising sun safe behaviour by wearing hats for outside lessons, yard duty and any camps and excursions.
- Students not wearing the accepted dress code hats between the 1<sup>st</sup> September until the 30<sup>th</sup> April at big lunch, little lunch and all outdoor activities will be required to play in designated shade areas.
- Sun safe hats will be available for sale through the school book room.
- For more information please visit the Cancer Council site at

<http://www.cancersa.org.au/cut-my-risk/sunsmart-for-primary-schools>